

# INLINE MORRISTOWN'S Gameday Check-In Procedures



- EVERY player MUST have a signed Player waiver AND Spitting Waiver before being allowed to play. You can find these documents on our website at: [www.inlinemorristown.com/covid-docs](http://www.inlinemorristown.com/covid-docs)
- Each participant will have their temperature checked when arriving for EVERY session. Participants with a temperature in excess of 100.4 F will not be permitted to enter.
- All players will be checked in to their respective game before being allowed to participate and a record kept of their attendance.
- Masks are REQUIRED except when on the rink or bench during your session.
- There is a hand sanitizing station located at the Pine St. entrance
- To lessen the exposure to others, arrive as dressed and ready to train as possible.
- Maintain 6 feet distance between persons when possible.
- All participants may arrive no earlier than 15 minutes before their session and must exit the building within 15 minutes after their session and use the designated separate entrance & exit.
- Spitting ANYWHERE in the facility will be met with swift expulsion and a possible ban from future events. NO refunds will be given if you are expelled for spitting in the facility.
- NO spectators are allowed at this time.

Return to Play Document Checklist: Player Waiver  Spitting Waiver

[www.inlinemorristown.com/covid-docs](http://www.inlinemorristown.com/covid-docs)

## **Below are the guidelines provided by the CDC**

The following CDC recommendations should be followed by all participants:

- Stay at home if you are feeling sick or experiencing the following COVID-19 symptoms: People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:
  - Cough
  - Shortness of breath or difficulty breathing
  - Fever of 100.4 degrees F
  - Chills
  - Muscle pain
  - Sore throat
  - New loss of taste or smell

*\*This list is not all possible symptoms. Other less common symptoms have been reported, including gastrointestinal symptoms like nausea, vomiting, or diarrhea.*

- Clean and disinfect frequently touched surfaces and equipment (including pucks, mouthguards, sticks, water bottles, helmets, eyewear, pads, uniform).
- No sharing of equipment, water bottles, towels.
- Have sanitizing options available, including, but not limited to hand sanitizer and disinfectant wipes.
- We recommend you arrive as dressed as possible and ready to train.
- Minimize use of changing rooms, bathrooms, communal areas.
- Eat off-site. Bring own water bottle.
- Any tasks that can be done at home, should be done at home (recovery sessions, socializing before/after session).
- Cover your mouth and nose with elbow or tissue when coughing or sneezing.
- Wear your mask whenever you are not on the bench or rink during your session.